

Om Sai Ram

*B l i s s . B l i s s . . B l i s s . . .*

By  
**Vasantha Sai**

The reincarnation of the embodiment of love, Radha and the one who has unparalleled spiritual experiences with Lord Krishna, Sri Sathya Sai Baba.

‘The goal of Mukthi Nilayam is the attainment of  
Radha’s Prema.’

## **IN DEDICATION**

You have asked me to write

I have done so.

You have asked me join with You

I have done so.

You have asked me to sacrifice my all

I have lain all at Your Lotus Feet.

You have asked me to assist You in Your mission

I have done so.

You have asked me to take up responsibility for an Ashram

This to I will do out of my boundless Prema for YOU.

Now let my mind return to the quiet and blissful

Contemplation of YOU.

*To My Dear Lord Sri Sri Sri Bhagavan Sathya Sai Baba,  
I dedicate myself and this book and Mukthi Nilayam.  
Vasantha Sai*

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*Note: Whenever there is a reference to direct conversations with Swami in this book, it refers to the author's experience in her meditative state with Sri Sathya Sai Baba.*

# P R E F A C E

You may have known about many saints, sages, and great devotees who merged in the Lord by their unswerving devotion. You may know about the deep devotion of Meera for Giridhari, Andal's love for Sri Rangantha and Radha's longing for Krishna. If they all were to take one form, how intense will be that state of devotion? The Lord will be flooded with love! He will also melt with the devotee in the Bliss of Prema. Can it happen? Yes!

The power of devotion of all the devotees from time immemorial has taken a form, an incarnation! You want to see such an incarnation? If so, come to the small village of Vadakkampatti near Madurai in south India. You can see the boundless Prema for God in action. You can behold both the Lord and His devotee immersed in Prema. Unquenched thirst for her Lord, loving and longing for the divine union her eyes swim in tears, her heart brimming with emotion make her a unique devotee, an embodiment of Krishna Prema – Radha, now called “Vasantha Sai.”

She is born with the 19 qualities of Radha (see page 20). Radha is here! Where is her Krishna? He is at Puttaparthi as Sri Sathya Sai!

How is the world benefited by Vasantha Radha who is devoted to Sai Krishna? Why should Radha and Krishna be born again?

Now the world is facing extremely difficult times where death and destruction are commonplace. Ordinary medicines cannot treat dreadful diseases. We need a very potent, rapid-acting medicine. We need a Paripoorna Avatar to save the world. This Paripoorna Avatar is Sri Sathya Sai and Sri Vasantha Sai. They are not two, but one. They are Paramatma and Prakrithi whose union creates vibrations that transform people of the world. They will protect the world from evil forces. The Sathya Yuga will dawn again. What is the proof for all this?

I am in close contact with the authoress. Her thoughts, words and deeds are filled with the ‘madness’ of devotion. I am totally amazed by her intense Prema bhakthi for Bhagavan. She is always in the Jeevan Muktha state. She attracts many devotees like bees to a flower. The devotees even come from far off countries to experience the spiritual upsurge! Her firm determination that she will not enjoy bliss until the whole world does is most inspiring. Her books that bear testimony to her inner spiritual experiences awaken the thirst for God in us.

The authoress is my Divine Mother. I follow her footsteps as a true sadhaka. As I struggle in this Samsara Sagar, her relationship is like a lifeboat. You too can experience the bliss of Amma! I feel the book is aptly named, “Bliss...Bliss...Bliss.” One is very surprised to know how she links every incident, every object with

Bhagavan. From the Prema Flowers of Brindavan Gardens to the microsurgeries on the mind at Universal Prema University to the ‘Tejas’ crème treatments at the Inner Beauty Parlor, she weaves an uplifting spiritual tapestry.

The chapter “Chaitanya Yuga” is the crowning glory of the book.

Amma as Pure Consciousness has merged with Bhagavan, Pure Consciousness. The day of merger is the foundation stone for the Sathya Yuga. Sathya Yuga is the Chaitanya Yuga, Era of Pure Consciousness. One can feel the deep thirst of the authoress for the break of dawn of Sathya Yuga. It finds expression throughout the book especially in this chapter.

She says the Upanishads are homes, human beings are Gods, rivers are Prema, the peaks are sacrifice and the life breath is Mukthi. There is only one God – Sri Sathya Sai. There is no distinction no separation of any kind. Dharma rules, Peace reigns. The tiger cub drinks from the cow's udder!

Is it not very fitting that the book is being released on the opening ceremony of the Ashram ‘Mukthi Nilayam?’ Let us also walk in the step of the Divine Mother and attain liberation!

*Sri K. S. Venkatraman*

# S W A M I ' S B L E S S I N G S

I prayed to Swami that I wanted the sacred sand from where His feet have stood to start the Ashram building work. Swami said, "You take the sand from Vadakkampatti (the village where I live) also. It has the powers of your 63 years of penance."

So the sand from Prasanthi Nilayam, the sand from the Vata Vriksha meditation tree at Puttapparthi and Vadakkampatti sand were collected and kept on Swami's altar for blessings. Swami blessed all three of them with turmeric. The turmeric powder was in the form of parallel lines. Parallel lines never meet, but they are also never apart. Swami and myself are the parallel lines that cannot join. But, we are not apart even for a moment. Swami has drawn the lines to indicate this uniqueness.

In 1995 a Seva Dal and long time devotee in Whitefield asked Swami literally for the 'dust of His feet'. Swami stood and scratched the soil with His toes and told the devotee to take it. That devotee gave a little of that sand for the Ashram.

We kept the site map of the Ashram and asked Swami where to construct the various buildings. Swami divided the land into two sections and indicated the Westside of the property be used for this purpose. Swami also showed where to build the Durga Temple and the Ganesha Temple. Swami drew the Ganesha statue in front and then the Durga Statue and thirdly a big RadhaKrishna picture. Swami told to build RadhaKrishna Temple although we had not asked Him about the temple!

On the site map Swami had blessed, there was a line of turmeric on Durga's crown. I asked Swami about it. He said, "It shows the stupa (pillar) that should be built in the Ashram. You have to make a lotus base. This is a Red Lotus base called, 'Kamala Peetam'. There should be a six-foot pillar on top of this 'Kamala Peetam'. This pillar should have six sections denoting the six chakras of the Kundalini. There should be a golden-colored lotus on top. This symbolizes the Sahasrara Chakra. Above this should be a five-pointed silver star. Four points of the Silver Star indicate the four directions. You will take the people who come from the four directions up (to spiritual upliftment) as indicated by the fifth point of the star."

Swami also said that my body is the pillar and my head is the Sahasrara Lotus. He said, "The Sahasrara opens and the light that comes out of it will guide the world like the star. Swami further said, "Kamala Peetam is Goddess Mahalaksmi's asana (throne). You are Mahalaksmi. You are seated on the throne." Swami instructed us to build the pillar in front of the meditation hall. The pillar was hand-drawn and kept for Swami's blessings. Swami blessed it with ample amounts of kumkum.

A photo, which was taken during a yagna here at Geetha Nilayam meditation hall, shows light burning like a flame on my head. This photo was kept for blessings and Swami wrote a large 'AUM' in turmeric on it.

When I asked Swami about the form of light on my head, He said, "It indicates the light of the star on the pillar. The Statue of Liberty (in New York Harbor) stands with a torch of light. This pillar at Mukthi Nilayam is the real 'Statue of Liberty'. It symbolizes the fire of wisdom that you will light in all hearts to assure true liberation."

A Venezuelan devotee translates my books into Spanish. She got an interview recently with Swami. In the interview, she told Swami, "Swami I have translated three books written by Vasantha Sai." Swami replied, " I Bless, I Bless, I Bless," keeping His hand on the devotee's head. He added, "Very good work, very good work, very good work." Then Swami materialized a silver vibhuthi container and gave it to the devotee saying, "The vibhuthi will never decrease."

I asked Swami about the container. Swami said, "You are the container. You are giving Mukthi (vibhuthi) to everyone endlessly." I consider this divine gesture of Swami as the biggest blessing for Mukthi Nilayam. Let the books open the gates of Liberation to all Spanish-speaking people of the world!

Before giving the advance amount for the purchase of the land, a letter was placed for Swami's permission and blessing. Swami drew the picture of a foot on it. He said, "Give the advance. I have placed my first step on the land." The payment was made on 22-6-02 and we did Bhoomi Pooja on the Ashram land eight weeks later. During arathi Swami came and stood in front of the makeshift altar of His chair. I called out in surprise, "Swami, Swami" and couldn't continue with arathi. I handed the arathi plate to S.V. and broke down in tears. I told those who were present, "Swami is standing here physically!" After arathi everyone came to see the spot as I pointed where Swami had stood. There were the footprints of Swami's two feet clearly visible in the soft earth! All of us prostrated. We have decided to construct a base for Swami's padukas at that spot to commemorate His first steps on Ashram soil.

## Section I

# M U K T H I N I L A Y A M

**‘Once I asked Swami, “Shall we take earth up to Vaikunta?”**

**Swami said, “Earth cannot be taken to Vaikunta, but we can bring Vaikunta to Earth.” Vaikunta has verily come here as Mukthi Nilayam to give liberation to all.’**

### 1

## **On the way to MUKTHI NILAYAM**

From my childhood days I had a very deep, unchanging devotion for Lord Krishna and an insatiable thirst to attain God with the physical body like Andal. I poured my yearning devotion into numerous songs on Lord Krishna. After many years I heard the voice of Krishna telling me, “I have come to Puttaparthi as Sri Sathya Sai Baba.” My Prema was then directed to Bhagavan Baba. I read His books. I wrote thousands of devotional songs about Him. I wrote hundreds of letters to Him taking Him to be my Mother. Gradually, Bhagavan showered His Grace on me and I experienced it in many ways. Step by step, I started getting visions in meditation. I was blessed with the darshan of saints and sages. Once, Sage Narada wrote the ‘Ashtaakshara’ (8-lettered mantra) on my tongue, which I continue to chant with strong devotional fervor.

After continuous sadhana (spiritual practices), Bhagavan Baba began to talk with me in meditation. As time passed, He asked me to follow the path of Madhura bhava bhakthi and said, ‘You are Radha’. These three words became a burning inspiration for life-long sadhana. For 40 years I have been doing severe penance, japa, dhyana and pooja austerities unflinchingly. My mind was completely merged with Swami though I led a family life. I lived in the material world but I was not attached to it. I was mad with the desire that I have to attain God somehow. I spent my days and nights sleepless in the thought of the Almighty Lord.

Since I had the habit of keeping a diary from a young age, I recorded all my experiences and conversations with Swami in the diaries. One day Swami told me to write my experiences and conversations as a book entitled “Liberation Here Itself Right Now.” Swami Himself blessed and signed this book with His own divine hand in 1997. The book was released on the auspicious day when Swami climbed the Golden Chariot. The book was released on the same day in Prasanthi Nilayam. After reading the book many people started coming to Vadakkampatti, the small village where I live. Swami introduced me, a simple village woman unfamiliar with worldly affairs, to the external world through this book.

Swami said that my life is a message – a message of divine love (Prema) and devotion that is to be conveyed to the world through my books. He said that I should give one one-thousandth part of my boundless Prema for the Lord as Prema Shakthi to people chosen by Him. I gave this Shakthi to thousands of devotees, to rivers like the Ganga and Yamuna, and to the seas so that more and more people would be benefited.

Later many Gods and Goddesses appeared in my meditation to give their divine powers, (Shakthis) to me. Swami told me to give one /one-thousandth part of these Shakthis to students, sadhakas, and those who suffer from diseases and other problems. Some of these Shakthis included Savithri Shakthi, Durga Shakthi, Saraswathi Shakthi, Dhanvantri Shakthi, and Brahma Jnana Shakthi.

On top of all this, on 23-5-98, when I requested a mantra to help a devotee, Swami wrote ‘Om Sri Sai Vasantha Saiesaiya Namaha.’ This mantra helped the devotee immensely and thereupon became a universal remedy for the triple ills of body, mind, and soul regardless of who and for what it is chanted. Swami said that this is a ‘Mukthi Mantra’ and a ‘ShivaShakthi’ mantra. He told me to write the experiences of those whose diseases were cured by this mantra and by my prayers as a book called “Prema Nivarana Sai.”

He then told me to write a book named “Radha Krishna Sangamam” which tells about the Shakthis that I received. Another book called “Liberation Here Itself Right Now – Pt.II” (in Tamil) was released explaining the principle of Purusha and Prakrithi, which is the union of RadhaKrishna.

Next some devotees collected Nadi readings (ancient palm leaf readings or predictions) about me from different places and sent them to me. These nadis were written thousands of years ago by sages like Suka, Agasthiya, Vishwamitra and Kaka Bhujanga. The readings also state that in front of many saints and sages my body will take the form of a jyothi (flame) and merge with Swami. The nadis also say that I am Sai Shakthi, Sai Swaroopa, Durga, and Radha. During this time a meditation hall named ‘Sai Geethalayam’ was opened in Vadakkampatti and a Durga statue was brought here from Australia by Swami’s instructions.

In October 2000 Swami gave me 108 names and told me to write the Gita using my life as an example and to correlate these names with the eighteen chapters of the Gita. October 2000, Swami gave me 108 names and instructed me to write a book on the Gita incorporating the names and using my life as an example to explain its teachings. The result was the book “Sai Geetha Pravachanam.” As I was writing the eighteenth chapter, Swami told me to take sanyas, renouncing family ties. Accordingly, a sanyas yagna was performed in the meditation hall and I dedicated my mangalya to Goddess Durga as instructed by Bhagavan. I became a sanyasin. This incident substantiates the last sloka of the Gita, ‘*Sarva dharmaan Parithyajya*’ or the path of total surrender.

Three months later Swami instructed me to make a mangalya and bring it to Whitefield. Accordingly, a red stone-studded mangalya was made and taken there. On 27-5-01 Swami blessed it, told me to wear the mangalya and in this way made me His. Swami then asked me to publish the third part of “Liberation Here Itself Right Now” containing these incidents and many other unique experiences. The book contains three sections: Rig Veda, Sama Veda, and Yajur Veda.

The book was released in Delhi. Swami blessed it with a ‘*Nava Durga yantra*.’ After the completion of “Liberation Here Itself Right Now Part. 3” I began writing on the Upanishads. It was during this same period of time that Swami instructed me to go to Vashishta Cave in Rishikesh.

*On the morning of April 17, 2002 at 4 am Bhagavan Baba, making me Shudha Satwa (pure consciousness) caused me to merge with Him. This is the merger of pure consciousness with God.* Swami blessed this event in many ways. A message appeared out of nowhere on the computer screen giving His blessing (see picture)! In addition, the close devotees who came with me had many visions and spiritual experiences as proofs of this event. What is the significance of the event and why did it happen?

Swami has declared this unique merger as the foundation stone for the Sathya Yuga. He said that He would give strong proof of this in Whitefield, Brindavan. Accordingly, on May 17<sup>th</sup>, pink circular blotches appeared on Swami’s picture in a house where I was staying. Swami said, “This is the proof for you, of Radha’s merging with Me. The color of Radha’s skin is pink.”

On April 24<sup>th</sup> Swami asked us to go to Mathura and Brindavan from Delhi. On the same morning one week ago at 4 am meditation Swami showed that Sai Krishna married Vasantha Radha in the presence of Sage Narada. Swami showed many proofs for this divine union. Many wonderful experiences and miracles happened when we visited the temples of Brindavan. *Swami said that this event is the ‘caller’ for Radha’s yearning for Krishna.*

When we returned to Vadakkampatti, Swami told me to start the work of building an Ashram. A suitable piece of land was found for the Ashram just south of Tirumangalam. Swami sent a message through Delhi Srinivasan that a trust should be formed. He wanted it to be called the Vasantha Sai Charitable Trust and gave the 'Amrith Kailash' (vase of divine nectar) as the emblem. He said it should be in a slightly slanted position with three drops of Amrith falling from it. In the drops will appear the Tamil letters for the word Mukthi and the motto 'Mukthi from Shakthi' will be imprinted around it. Swami has also given the flag design for the Ashram.

Inspite of all these experiences and divine revelations, I have never had close darshan or spoken to Bhagavan.



21-6-02 I desperately wanted to see Swami in His physical form. I thought I must do intense sadhana to make His physical darshan possible. I lamented with these thoughts, falling over my writing desk in the process. I cried, "I cannot endure this separation any longer. Oh Bhagavan! Come. Come. I want You."

Suddenly I heard Swami saying, "Look, now I am here." When I looked up, Swami was sitting on the edge of the desk. I cried out, "Swami, Swami!"

**Swami** : Aren't you seeing me now?

**Vasantha** : I am seeing you Swami.

**Swami** : You are hearing what I am saying?

**Vasantha** : Yes Swami, I can hear.

(However, when I tried touching Swami, it was like touching the air.)

**Swami** : You will not have any sense of touch. You can see and hear, but you cannot touch me.

This was a truly amazing experience.

23-6-02 Evening meditation.

**Vasantha** : Swami! What happened in the Vashista Cave that day?

**Swami** : You merged with Me in Vashista Cave. All your sadhana is now complete. It is a 'caller'! You have become Sai Form. A jeeva (individual soul) has become Shiva (universal soul). You have become My form at the end of all sadhana. There is no 'You'. You have become Me. From now on, you will lead an Ashram life.

**Vasantha** : Swami! S.V. is saying that all must get Your physical darshan.

**Swami** : They will see for sure. *They will see Me in you.* You are my physical form. You are the Sai Form. You are not yourself hereafter. I am going to be there as you.

**Vasantha** : Swami. Then what about physical darshan for me?

**Swami** : When you have become Me, then what is the need for physical darshan! There is no You. You have merged with Me. There is no individual consciousness. There is no individual soul. With the passage of time you will not feel the separation. *You will feel and realize that I am in you.*

**Vasantha** : Swami how I wept today when I was writing about the foulness of the human body. Can a body that is filled with phlegm and filth be dedicated to You? The carpet that you walk on is cleaner! The pathways are cleaned so meticulously. Can this body with such impurities be dedicated to You? Make my body pure for devotion and dedication.

**Swami** : You will attain what you are asking for. Your body will have a sweet fragrance. You will attain a state when you will not have any hunger or thirst. Your body will be *Amrithmaya* (full of amrith). Silver Island will come to the Ashram. The Ashram will become Vaikunta. Silver Island, which is our own, will be thrown open to all. You have brought Vaikunta to the earth. Tell S.V. to build an Ashram like Silver Island.

I ran out of the prayer room unable to bear what Swami said in meditation. I have always had the thought that the body is unclean. Even though I had a terrible madness of devotion for Krishna from a young age, wanting to marry Him, I often thought how can I dedicate a body that is impure? I have cried to Bhagavan many times about it and asked Him repeatedly to make it pure. The spiritual marriage with Swami has taken place without going near Him, without touching Him and without talking to Him, and I had a very strong feeling that the body also should be dedicated to Him.

When the soul departs from the body, the body falls on earth. It, being a combination of the five elements: ether, earth, fire, water, and air, will therefore disintegrate into its individual components. I don't want this to happen to this body.

In my case, as Swami said, if I do not have hunger or thirst; I will not need food and water. So there will not be any metabolic wastes. Thereafter, the body will become a form of Pure Consciousness. *It will be a body made only of Prema and not of the five elements.*

Swami said that at the age of 80, the Prema body will be transformed into a jyothi (a small flame) and merge with Swami. I want to and will dedicate my everything, my body, my life, and soul to Swami.



As you all know, I did not want to enjoy the pleasure of the Silver Island (the place where Swami and I meet in meditation) that Swami created for me. I was very firm, even stubborn, saying that I will not enjoy anything there until everyone is enjoying their own bliss.

In the beginning, when Swami took me to this Silver Island in meditation, I looked and marveled at its beauty and was in bliss for a few days. Later, I refused and said, "I don't want to enjoy anything. I don't want this bliss." Even as I had the greatest good fortune of being with Bhagavan- *The Invaluable Gem in the precious world of Silver Island*- I refused the bliss it conferred.

In my book "Liberation Here Itself Right Now – Pt.3," Swami has shown proof that Silver Island is Vaikunta (heavenly abode of Lord Narayana). He has said, "You are going to bring Vaikunta to earth." Today Swami has declared that *Vaikunta will be the newly constructed Ashram*. He further asked that the Ashram be named Mukthi Nilayam. Maybe it is for this reason that Swami gave me the name '*Mukthisthala Vaasinyai*,' meaning the one who resides in the abode of Liberation.



24-6-02 Morning meditation.

**Swami** : What comes to your mind when you hear the name 'Melakkotai?'

**Vasantha** : I don't know Swami. You tell me.

**Swami** : Sri Ramanuja built a temple at Melakottai (a village in Mysore district)

**Vasantha** : Oh! Yes Swami, I understand.

In the period of Muslim rulers, there was a threat to the life of Sri Ramanuja by the Muslim kings. As a result, Sri Ramanuja had to live incognito near Mysore. While there the Muslim king of Delhi took away the idol of the God 'Chella Pillai.' Sri Ramanuja went to Delhi and brought the idol back. He built a temple at Melkottai and installed the idol. He also made arrangements for the so-called "low caste" to have darshan at the temple. This temple is called "Melakottai Thiru Narayana puram temple" It is very

famous for 'Vairamudi Sevai', the traditional practice of decorating the deity with a diamond studded crown.

Swami drew parallels between Sri Ramanuja and S.V. and said why Andal called Sri Ramanuja as 'Anna', or brother. When I gave S. V. Atma Sanyas, Swami instructed us to go to Alagarkoil temple and gave the reason for it through the following story. Andal wanted to marry Lord Sri Ranganatha. She prayed that if the Lord marries her, she would make an offering of 100 pots of sweet rice to the temple. Sri Ramanuja fulfilled this prayerful wish of Andal many centuries after Andal's merger. It is said that by this noble act of Sri Ramanuja, Andal was very much pleased and therefore called him 'Anna'.

In worldly life usually, the elder brothers fulfill the desires of their sisters. Although Sri Ramanuja was born many centuries later, Andal called him her elder brother because he fulfilled her wish. Swami said, "S. V. has the Guru Bhakthi and the ethic of sacrifice like Sri Ramanuja. He will fulfill all your wishes. He will build an Ashram like Silver Island. Since he fulfills your wishes, he will be born in Prema Sai Avatar as your elder brother."

What a perfect correlation! It is also an interesting coincidence that the place where the Ashram is to be built is called Melakottai. Near the Ashram site, a temple is being put up for Goddess Kanyakumari. It was told that the first handful of sand for the temple was brought from the town of Kanyakumari. The temple of Goddess Kanyakumari Amman, who gave me Sanyas Shakthi, is located there. Swami has said Kanyakumari Amman is my Mother. It means that the Ashram will be established under the direct vision of my mother and she is already there to watch over me.

Before attaining the various stages in spirituality, I used to pray to Goddess Kanyakumari and get Her blessings. She not only gave Her blessings and Shakthi but also once showed me in a vision my marriage with Swami and gave her famed diamond nose-ring to me.

Prior to the release of the book "Sai Geetha Pravachan," I went to Kanyakumari. I kept the book in her temple and prayed. The Goddess then appeared and said, "You will take the world on board the boat of Gita to the shore of Liberation." Just as the Mother said, this Ashram will take the devotees to the goal of Liberation on the path shown by Gita.

24-01-02 Evening meditation.

**Vasantha** : Swami! You said that I have merged with You. Haven't jnanis, saints, and sages merged like this?

**Swami** : They are like rivers that have joined the Sea of Creation. You have merged with this Avatar.

**Vasantha** : Many of Your devotees have merged in You all these years.

**Swami** : Has anybody had the *Viraat Purusha* experience? This experience marks the beginning of the new era. I have united with you. You have merged in Me. So I gave you the name '*Sai avirbaga dehinyai*', the One in your body is Me. You have thus proved that a soul can become God.

**Vasantha** : Swami can we have the opening ceremony of the Ashram on October 19?

**Swami** : Yes, you must. The Akanda deep is ending on October 18<sup>th</sup>, then the opening ceremony on the 19<sup>th</sup>. That is why I said October. People will come from all directions to Mukthi Nilayam and get benefited. They will come seeking refuge in the haven of Prema.

What is this 'Akanda deep?' Here is a small story. An old devotee of Swami called Radha Menon stays in Chennai. She is 75 years old and a devotee since 1966. Swami visited her house in 1974 and opened a free clinic for the first time at Chennai. Now, Swami has instructed her to light the Akanda Deep lamp from April 18<sup>th</sup> for six months. I asked Swami the reason.

Swami said, “It is for you. You merged with me in Vashista Cave on April 17<sup>th</sup>. You are going to the Ashram on October 19<sup>th</sup>. I have told Radha to keep the Akanda deep lit so that there will not be any troubles or obstacles in your way. She is a great devotee.”

Swami has instructed her to light the lamp from April 18<sup>th</sup> to October 18<sup>th</sup>. It is Bhagavan’s will. Moreover, He gave a reason for going to the Ashram in October. There is a beautiful story behind it.

Swami gave me a Shirdi Baba calendar when I was in Delhi last year. This 2001 calendar is unique in that the year starts in the month of May and ends in April 2002. Swami had written ‘Call ender’ at one side of the calendar. As said earlier, Swami gave me the mangalya on May 27<sup>th</sup>, 2001 and I merged with Him on April 17, 2002. It was a spiritual marriage, the union of the individual soul with the cosmic soul. On that day, Vasantha Radha and Sai Krishna married in the presence of Sage Narada. *Swami said that very day the 5000-year call of Radha for Krishna has ended.* In the same calendar Swami has spelled October as ‘OctOMber’. To this Swami said, “like the OM that is all pervasive your Prema will spread in all eight directions.”

In Kathopanishad, Lord Yama says that anubhuthi, spiritual experience of God, is not external but is rather experienced internally. However, it is said that at very high stages of spiritual experience one can have external visions. Sri Ramakrishna and Sarada Devi had external visions.

We all know that the Prema Bhakthi of the Gopis for Krishna was very intense with the result that Krishna who was the indweller in their hearts was seen externally. This happened due to the strong and pure power of their love. If the thoughts are deep enough and impressed strongly in the mind, they can manifest in form.

Due to the deep faith of Prahlada, Lord Narashimha appeared from a pillar. This is the power of faith and devotion. Deep inner thoughts do take shape in the external world. The universe is the creation of the mind.

*‘Yath bhavam, Thath bhavathi’* –whatever we think, so it becomes.

**Swami said that the Ashram is Silver Island.** As I stated earlier, I did not enjoy anything in the Silver Island that was created for my sake by Swami. I told Swami that if I alone enjoy the bliss and others don’t share in it, it is like enjoying a stolen property.

As it is, I wept and pleaded with Swami for the redemption of the spirit world on one occasion. He gave His word that He would do it. Similarly I prayed and cried tears of love for self-realization of Nilgiri people and secured the boon from Swami. When I visited Sri Lanka and Australia I prayed for the annihilation of karmas of the people of those countries. To balance their karmas, I begged Swami to take away my Tapas Shakthi (power of penance) I have so pleaded and prayed for the people of the world.

Liberation for all has been the goal of my life. So, I prayed with a strong will that everyone must be liberated and enjoy bliss, forgoing my own bliss. Swami said, “This cosmic sacrifice of yours will give liberation at a cosmic scale to all.”

Here is yet another case of *‘Yath bhavam, Thath bhavathi’*. The Silver Island that I saw internally has come out taking a form in order to give salvation to the world. Now let us see how this Silver Island is verily the Vaikunta that Swami said it was. In the 5<sup>th</sup> canto of *Bhagavatha*, it talks about the seven seas and the seven earths.

1. Jambu Dweepam – Salt-water Sea. (The oceans of earth at present.)
2. Placha Dweepam – Sugar cane juice Sea
3. Salmali Dweepam – Honey Sea.
4. Kucha Dweepam – Ghee Sea

5. Krounja Dweepam – Milk Sea
6. Saka Dweepam – Curd Sea
7. Pushkara Dweepam – Tender Coconut-water Sea

The seventh world is the world of celestial beings. Beyond the Tender Coconut-water Sea is Vaikunta, called Shwetha Dweepam. Silver Island is Vaikunta. The Sea of Tender Coconut-water that surrounds the island is in Vaikunta. Swami has said that the Ashram is Silver Island, so therefore the Ashram is verily Vaikunta.

*Vaikunta has come here as Mukthi Nilayam to give liberation to all. The deep impressions in my mind have taken shape in the external world.*



Swami said, “Many saints, sages, and world teachers have done a lot for spiritual emancipation. Their teachings and messages have spread only to those who followed them in their place of birth. But no one cried like you for the liberation of the entire world. You give your Tapas (penance) Shakthi to each and everyone in the world. You are saying you will not enjoy bliss until everyone does. Has anyone done this before?”

On the other hand I am saying, “Has there been anyone or anything that has descended on earth like this Sathya Sai Avatar?” Other incarnations came to destroy evil and establish dharma in their times and in their own places. But the Sathya Sai Avatar is very unique in that He has come for the spiritual awakening, realization, and liberation of the entire world. So, it is for this reason I want to assure liberation for all at this time. I am crying for the liberation of the whole world now, because we will never get an Avatar like this again.

The people of the world are my children. I want my children to enjoy the bliss that is their true nature. So I am pleading with Bhagavan for their sake as a concerned mother. These strong deep thoughts have brought Vaikunta down. My continuous tears and prayers have achieved it. So we see that inner vision can be externalized and materialized through continuous sadhana and by the Grace of God. It also reveals the fact that there is another aspect to experiencing the Self.

Let us see how the inner God acts externally. Let us see how Lord Sai is will manifest Himself when Silver Island functions as the Ashram. While I am constantly longing and lamenting for my Sai Krishna, let us see how Bhagavan is using me as His instrument?

When I wept in desperation to see Swami in His physical form, He said, “In Parthi I am in the physical form. In you I am in the divine form. I have united with You. This is the truth. I am going to act through you.”

I begged Swami to explain more in detail.

**Swami** : It is you who brought me. You have the body that formed me and separated from Me. I am the One in your body. Hereafter the task of the Avatar will be carried out through you. The task of ‘one side of the coin’ will be over and that of the other side will begin. (Swami has said we are the two sides of the same coin.) After the teachings and preaching at Puttaparthi, *Karma Samhara*- the annihilation of karmas will begin here (at Mukthi Nilayam). Your motherly compassion will help to remove the karmas of the people.

**Vasantha** : Swami what is going to happen? I am scared!

**Swami** : Why fear? You are going to be in Great Bliss like Me. You don’t have to do anything. The vibrations of your penances will fill the Ashram. This will remove the karmas of the people who come there and so the world will be transformed. Now I am going to reveal to the world who you are. The time has come. Your merger with Me shows how a jeeva becomes Shiva through sadhana. My union with you will show how God functions in a human body.

The union of a soul with God is an example of the highest sadhana (spiritual practices). The union of God in your body is to show that you are a part of Me, to show that we are one.

As Swami said, the major part of my life was spent in sadhana at the peak of all sadhana, He says that I merged with Him at Vashista Cave. Now let us see in detail about my experiences at the Cave. When I was meditating in the cave at 4 am on April 17<sup>th</sup>, Swami came and lifted me slightly and pointed upwards with His left hand. He showed me the array of celestial beings who were gathered there. They called out, 'Jai Vijay Bhava!' – Victory to Thee...and showered flowers and holy rice on us.

**Swami said, “You as Pure Consciousness have merged with Me – Pure Consciousness. Now I am going to do Vibhuthi Abhishekam to you. This event of merger functions as the laying of the foundation stone for the Sathya Yuga” So you see, born as an ordinary village woman, I progressed step by step through sadhana and severe penance until I attained this blessed state of merging with Him by His Divine Grace.**

After this experience, as instructed by Bhagavan I started writing commentary for the Brihadaranyaka Upanishad. The Upanishad says that in the beginning, when Pure Consciousness willed creation, a physical form appeared first. This form is the *Viraat Purusha*. It is said that *Viraat Purusha* is the masculine and feminine principle in a state of embrace. It is likened to the two pods of a peanut joined together. The *Viraat Purusha* then separated into individual male and female and so creation began. We see that the *Viraat Purusha* that emerged from Pure Consciousness was in a state of union before separation into two.

In the same way, the event of merger of Swami with myself in Pure Consciousness is the *Viraat Purusha* state. As mentioned before, this event is the foundation stone of the Sathya Yuga. I have written about the new creation in Sathya Yuga in detail in the book 'Liberation Here Itself Right Now – Pt.II'.

Now let us look further into the subject *Viraat Purusha*. The Upanishads speak about the three bodies of God:

*Viraat Purusha* – Physical body

*Hiranya Garbha* – Subtle body

*Eshwara* – Casual body

Bhagavan had told me that He would come to the cave in His physical body. I found out from the Upanishads that physical body means the *Viraat Purusha* form, however, we expected the form we see in Puttaparthi.

*The Eternal, Omnipresent, Omniscient and Omnipotent Lord God, the Pure Consciousness came to Vashista Cave in the Viraat Purusha form, willed the merger and transformed me into Pure Consciousness. This merger is the divine spiritual union necessary for creating heaven on earth.*

Once I asked Swami, “Shall we take earth up to Vaikunta?” Swami said, “Earth cannot be taken to Vaikunta, but we can bring Vaikunta to Earth.” It means that Earth will change to Vaikunta. This change, this transformation is the Sathya Yuga. People will be transformed in a spiritual awakening. They will become great souls of love and wisdom. The whole world will become Vaikunta, a heaven of total peace and bliss. There will be no trace of sorrow or fear.

We can go to Vaikunta with the Grace of God. As the story goes, it was time for Krishna to leave His mortal coil. So, Indra, Yama, Brahma, and other celestial gods were waiting to see Krishna on His way back to his Divine abode, Golok. But Krishna did not take the path that they thought He would. All were surprised at how Krishna returned to Golok. It was through His pure will, which does not require a path as such.

Similarly, a bhaktha who is in a sublime state of devotion and self-surrender does not require a path to go to Vaikunta. The Grace and will of God will bring Vaikunta to his doorstep. Note that such a

bhaktha should be an *Ananya* bhaktha, one who knows nothing other than God and one who has earned the Highest Grace. It is by pure love and devotion alone that such bhakthas enjoy Bliss Supreme.

Once Swami declared, "My will reigns! I will become the ladder between earth and heaven. I will make the salt water sea into the sweet water sea." Oh Lord, what is the meaning of this? 'Sweet Water Sea' means the tender coconut water sea. Swami means that earth will become Vaikunta and the Sathya Yuga will dawn.

In the Sathya Yuga like in Vaikunta, all will be *Nitya Suris*, great eternal souls. Oh Lord, your Grace is Supreme. It is an incredibly immense task to transform Kali Yuga, which is now at its lowest ebb to Sathya Yuga. We have heard that at the end of one yuga, there is dissolution before another yuga starts. But now, we are going to see the miracle of one yuga being transformed to another in front of our eyes. We are going to see earth becoming heaven. Oh Lord Sai, King of Avatars, millions and millions of prostrations at Your Lotus Feet!

I am unable to contain the feelings that ebb from my heart. I am not able to find the right words to express my love and gratitude to Lord Sai. I can only dedicate my tears on behalf of all souls on earth for His mercy!!!

*'Here our working capital is Prema. Our Rules and Regulations are Prema. The Product for Production is Prema. The Profit is the state of eternal life attained by Prema here and now - Liberation!'*