Prema Vahini

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E-Newsletter from Mukthi Nilayam

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My duty and His responsibility

Why am I always yearning for Swami's feet? Why am I so anxious to touch them? Why do I cry and yearn so much? It is not the bond of yesterday or today. It is not the desire of yesterday or today. I have been crying for God's feet from a young age. When I touched Swami's feet for the first time in Puttaparthi, I wrote a hundred poems about it. Would anyone in the world write 100 poems after taking padanamaskar? Here are two of the poems I wrote at that time,

Oh Lord of heaven,

How I wonder at Your grace.

The Krishna who I have cried my entire life,

Whose measure is world and sky,

Stands in front of me

In His physical form,

I offer myself at Thy lotus feet.

***

I am mad to see Krishna

I search for His lotus feet throughout the world.

I am searching and crying

Suddenly in front of my eyes

He stands before me, His feet to see.

***

In this manner, I wrote 98 more poems in celebration of my first padanamaskar. My anxiety and eagerness to see God has been with me since childhood. These poems reveal this. I wrote every poem with an unquenchable thirst for Krishna. To see His form giving padanamaskar was the inspiration.

Why this eagerness? It is because those feet were in my hands. As I separated from Him, my mind now yearns for His feet.

Let us see about Lakshmi's marriage. When Goddess Lakshmi emerged from the ocean of milk she held a garland for Swayamvara. All the Devas who had gathered desired her. She said, "I will garland the one who is not interested in me." Lakshmi garlanded Lord Vishnu, who was in Yoga Nidra and then calmly sat at His feet and performed Pada seva. Lakshmi is the goddess of wealth.

She showed that God's feet alone are the greatest wealth. This is the wealth we must secure. This is the lesson she shows to the world. Yet, the people of the world have forgotten this and are spending their entire lives collecting material wealth. It is enough if we catch hold of God's feet. This will free us from the cycle of birth and death. However in this age of Kali, people's minds are immersed only in perishable wealth. All actions are performed to accumulate this wealth. ***Yearn for the wealth of God. This is enough. Thereafter all wealth will come to us.***

All born in this age of Kali are suffering greatly. Seeing this, Lakshmi desired to gift the Lord's feet, which were in her hands, to all. It is for this reason she performed severe penance for many ages. She asked the Lord to descend as Avatar; she desired that all should enjoy the bliss that she experiences.

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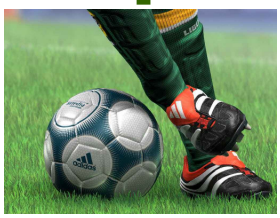
The parable of a football ...



Two teams are competing in a football (soccer) match. The audience is sitting on the ground watching the game. Each team is wearing a different color uniform. Each player on the team kicks the ball to his teammate. The audience clap their hands and begin to shout. Then the other team steals the ball and kick it back and forth to each other. The ball is going here and there. The audience claps encouraging their teams. The poor ball. *He was born only to be kicked by others.*

Forty years ago, I wrote one song about it.

Like a football I am hit by everyone birth after birth.
There is no end for my suffering.
I cannot tell my torture.
Oh God with the chakra.
Sundara, My sweet Amrita,
You give me Your feet.
You give me Your refuge.
Oh God, will You come and protect me?

Shedding tears, I wrote like this. How much the football is hit by everyone. In the same way, we have taken many births and are continuously suffering. There is no end to our suffering. We cannot begin to describe the torture and blame inflicted on us by others for God knows how many births? Every birth we are kicked like the football. Even though we are hit like a ball, we happily clap our hands like the audience. By how many people and in how many ways we are hit. Yet, we do not search for a way to be rescued. We are born again and again.

Who is ours? Those 'ours' like family and relations hit us like a football. Then our enemies hit us and push us. Stop and Think! You are happily clapping your hands and watching the football match. In the same way the Saints and Devas are laughing at us as we are kicked here and there by others in our life. **What is the difference between you and the football?**

Why is Swami so emotional?

After I emptied myself, Swami filled His Truth in me. He then said, "I am going to perform a Prema penance. Radha becomes Krishna, Krishna becomes Radha."

Only now, after so many years has Swami given this wonderful new explanation. On 17th April 2001, Swami asked me to come to Vashista cave. There my life force went to Him and His life force came to me. We exchanged life forces. Now my Prema is within Him and is in the Witness state. I am writing Truth (Sathyam) and He is melting with my Prema. He cannot show any sternness. Whatever anyone does, He remains calm. Even though Truth is filled in me, as I have no 'i' it cannot function. God is Sathyam, Truth. No... Truth is God. When God comes as Avatar, He comes as Truth only. The life force of the Avatar is nothing but Sathyam. His Sathyam life force is functioning in me. My life force is Prema. I have come to this world for my Prema. Through my Prema, I desire to change all. Now this Prema, my life force, is functioning in Him. This is why He is always melting and very emotional. Prema means melting.

How much longer is this journey?

Kanna, Kanna,

Why did You create me like this? Day and night all are sleeping peacefully. Where do they find time for all these things? Twenty-four hours in one day are not enough for me. This state is the very worst for me. You make me like them, ever rolling in worldly life, eating, sleeping and talking about useless matters. You make me like this or show Yourself to me. What is this life? I cannot see You and I cannot forget You. It is like Trishanku's heaven! I cannot divert my mind from thoughts of You, even for a second. All who are enjoying a peaceful life have performed sadhana for it in their previous birth, is it not? It must be like that because you have no bias. You know dharma. I alone am the worst of the worst in this world. How much longer is this journey? *(Amma's letter dated 31-Mar-1981)*

Adi Moolam, Adi Shakthi

I want Swami. I want God. We must enter every aspect of creation and live together. This desire becomes New creation.

If He is God, I become His shakthi.

If He is a Deva, I am His Devi.

If He is a demon, I become a demoness.

If He is a worm, I will also become a worm.

If He were a tree, I become a creeper.

If He is the sand, I too am the sand.

In the same way, Swami becomes all that is male throughout creation and I become every female aspect. I have written this in many books; revealing stage by stage how it happens. I wrote that if Swami is Brahma, I am Saraswathi. If He is Vishnu, I am Lakshmi. If He is Shiva, I become Parvathi. If He is Indra, I am Indrani. We alone exist as all throughout the fourteen worlds. This is the nature of my uncontainable Prema. Prema's desire is like this. The Sathya Yuga and the New Creation is born in the same way.

What then is the limit for this Prema? We have come in the form of a man and a woman to transform the world. This is the meaning of Prema as it is, Prema. Sathya as it is, Sathya. How can this be compared with the love of an ordinary man? How can you compare this to the Prema of the Avatar? How can we compare this to the love of the Devas? How can you compare this to the Prema of the Trinity, Brahma, Shiva and Vishnu? How can you compare? With what can you compare it? What example can we give for this all pervading Prema? **This is the Prema of the Adi Moolam and Adi Shakthi.** The Primal Soul descended as the Avatar and brought His Spanda Shakthi with Him. The Prema that exists between them is transforming the world. If the Adi Moolam descends as Avatar, He comes with limits. Rama and Krishna descended with limits.

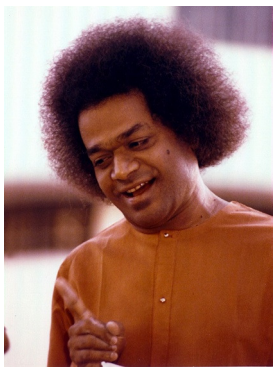
Now the Primal Soul separates Himself into three: my form, the form which lived with me and Swami's form. The Shakthi of the Primal Soul is Prema. God is Truth; this is His nature. God's Supreme power or Shakthi is Prema. The Shakthi of the Primal soul has the same degree of purity and divinity as His Truth. Only Prema can be like this. It is ever expanding at the universal level. *The Adi Moolam, Primal Soul and the Adi Shakthi, the Primal Power are Sathya Sai and Vasantha Sai in name and form.* They have descended on earth to shower Prema on each other. These two expand as the universe, losing their name and forms. In fact, it is the nature of Sathya and Prema to expand.

In which place can it be contained? It is all pervasive. In which time can it be contained? It is beyond time. What is its action? It has countless names and forms and innumerable actions. This is Sathya Yuga. This is the New Age. The age in which God and His Shakthi will live. Here God's nature of Sathya and Shakthi's nature of Prema will fill all. This is why it is said love is God, Truth is God. God's state of Being is Truth. God's Becoming state is love, Prema. It remains unaffected by all and is not changed by any time.

Before Swami said, 'Loka Samasta Sukhino Bhavantu'- may all in this world live in peace and harmony.

Now He says, 'Samasta Loka Sukhino Bhavantu' meaning not just this world, but all the fourteen worlds should live in peace and harmony. This is the essence of this chapter and all my books. **My duty is to expand as Prema. His responsibility is to enter all as Truth.**

What is Prema?



What is Prema? It is boundless love for God without expecting anything in return. The devotee loves God for His sake alone. Love flows naturally from the heart and cannot be forced. It is not something that can be learned or known by reading books. *Like a raging flood, love for God has to surge from the depths of the heart.*

The devotee who is saturated in Prema knows only one thing, GOD! GOD!! GOD!!!

Echoes of Devotion - PREMA Currency

Dear Amma,

On the special occasion of May 27th, please permit me to write a little sacred homage at Your Divine Lotus Feet. We love you.

Well, it is about the PREMA currency :-) With economies worldwide staggering and looking for a new way out of misery, the beloved KALKI INCARNATION - comprising of the Sathyavatar, the Prema Horse and the Stupi Sword - descended to bestow mankind with a new currency: the PREMA currency. Or short: 1 PREMA.

In fact, it doesn't matter if you take 1 PREMA or 1.000 PREMA, the value is still the same - the highest. In fact, this is the only currency, which does **not reflect** value, but which **is** the value. It is made of pure Hiranyagarbha gold and is untouched, meaning unsullied: no scratches, no aging of the coins; they are always bright, ever young. This currency is the first, which upon receiving *satisfies our hearts instead of making us greedy*.

The currency of PREMA is quite beautiful actually. Yes, indeed looking at the coin itself makes one believe in the Sathya & Prema Sagara of Bhagavan Shri RadhaKrishna. Looking at one side of this golden coin, there reigns the Sathya Avatar, sitting unshakably on the Prema Horse, the Mukthi Stupi standing tall and effulgent in the background. With this Stupi tool, the divine incarnation cuts off illusion from our souls and fosters our dispassion and love for God only. This emblem on the coin reminds us of the merger of Sathya and Prema in all of us, cutting away fiercefully all the impediments and sorrows of our dreadful lives, cutting them into new happy forms of Vasantha Mayam. Oh, how lovely this PREMA currency is. On the other side of the coin we can see the year of release, which is always 2037, beautifully engraved at the bottom of the coin. Above that commemoration date, there is the emblem of an oozing Amrit Pot, bestowing it onto the globe which is seen smiling in relief and happiness! Such is the inner and other beauty of a PREMA coin…Such marvelous currency can only be established by divine grace, isn't it?

This currency is so beautiful, it is shining, it makes people happy. All have enough of it. By the way, on the edge of a PREMA coin we can see the important Mantra for all to keep in their heart pockets: **'Om Sri Sai Vasantha Saiesaiya Namaha'**. Now everyone, really everyone knows and keeps it in sacred in the heart!

School kids are starting to collect these beautiful PREMA coins and try to exchange them with each other. But, as to their surprise and as mentioned above, there are no differences between the PREMA coins anymore. All look alike, beautiful, unscratched and ever fresh.

It has to be emphazised here, that PREMA coins dissolve the differences among people anyway. There must be some magic with these coins that people behave like family again. The word 'separation' seems to belong to the past…

So now we have found the answer: the PREMA currency really takes us on the correct path to GOD. We can even use it for our various travel expenses. In foreign countries, where people might not speak our language and may have different customs, we can give PREMA. It is widely accepted and people worldwide begin to conduct real Lakshmi Pujas to worship this 'new' currency of PREMA. Lakshmi Amma, is very pleased that Her children now finally grasp the inherent nature of what 'value' is.

Such is life in the PREMA Yuga, where all beings simply love and exchange PREMA currency - and get richer and richer every day, which means more happy and detached!

They are always reminded of the Prema River of their beloved *Mother Vasantha Sai, the Goddess of Prema,* so immersed in the Love for Bhagavan that She herself sometimes doesn't know how to bear it…

Especially when jeevas need to depart to foreign worlds, moving out of their body temples, the PREMA currency is very essential. All can exchange the PREMA currency *cosmically*.

PREMA currency settles the bills on earth as well as satisfies the heavenly Chitragupta Bookkeeping Authority'. Due to its strength and value, this PREMA currency shall not to be missed in the dawning PREMA Yuga. What a great advantage! It has always been like this, so we simply go back to our roots!

With deep Love and Prema tears at Your Feet, Bhagavan Shri AppaAmma: Jay Bhagavan Shri Sathya Sai Babaya Namaha! Jay Shri Sai Paada Dhulikaayai Namaha!

Love from Germany,
Jan & Devadatta

Less talk, more peace !!!

Today I opened the Tamil translation of Sathya Sai Speaks, Vol. 2. I read one thing from Swami's discourse given on my birthday, Oct 23, 1961. It was a quote from the end of the talk. There He said, *"Whatever you do, first think, then do it…finish the work without making any loud noise. Do all work with less conversation. You should not call anyone with a loud voice, standing far away. Go near to the person, otherwise make a sign and call him. Loud noise is a sin against Space. When we use water and earth, at that time some sins like this are committed."*

I wrote about this in the book 'Chaitanya - God and His Consort'.

Swami asked me a question, "After your marriage how did you call your husband?"

I said, "I never called. I went near and spoke."

Swami asked why? I said, "Till now, I never call anyone. I go near them and talk or I wait till they come near me."

This is my habit. Swami said the same thing in Prasanthi Nilayam on my birthday Oct 23, 1961. *We should not speak loudly. Particularly women should not talk and laugh loudly.* In my house, my grandmother and my aunties taught me like this. If we speak or call loudly, our voice is going to the sky. Swami said this is a big sin.

We can physically see the pollution of water and the earth around us. For example, there is a pond. Many goats and bullocks go inside the pond. People bathe and spit in the pond making the water impure. In the same way, we spit and pass urine on the earth. It is all dirtiness. This goes on right in front of our eyes. However, our eyes cannot see our speech, which pollutes the sky (space). This voice is mixing with the sky, so Swami says this is also a sin.

If feelings remain as feelings, it is okay. But, when the feelings become thoughts and thoughts become words, that sound pollutes the space. We call it Sabdha Brahman. We must calmly worship Brahman. This can be done by avoiding loud and useless talk. Too much talking disturbs the peace. Less talk equals more peace.

When we speak too much, we waste our energy. We also waste both our time and the other person's time. Excessive talk makes you tired. So talk less and do more.

Once there was a heavy down pour of rain. All the frogs were shouting. When the rain stopped, the frogs continued to shout and so the birds came and took the frogs as their food. In Tamil there is one proverb, "The frog is spoiled by its mouth."

Formula:

1) Too much talk = Time waste

2) Time waste = Energy waste

3) Energy waste = Tiredness of the body

4) When the body is tired, we want to eat and drink more.

5) This spoils the digestive system and creates more unwanted feelings.

So do not talk too much. Less talk gives more peace.

Swami's message...

The below readings appeared as writings in Telugu language, in early 2009, as written by Swami about Amma:

This is the journey from earth to heaven…No, no. This is a Prema effort to bring the Heavens to Earth. This Prema filled Sai, who is born in Prema, is nourished by Prema, living in Prema, bestows a wealth of Prema as inheritance on the embodiments of Prema. I am bound by the Prema of Vasantha, who worships Me with Prema, with a heart filled with Prema. This Vasantha who stands with Prema as her form now, was My form of Prema in that Krishna Avatar.

The reason for these Prema Moorties to have lived separately in the Krishna Avatar is so they can share their Prema with all in this Sai Avatar.

I am the One in the name and form of Vasantha near Madurai Meenakshi. I am filling the world with the light of Prema, driving away the complete darkness of ignorance; creating a form for Prema, I have become That to fill the universe with Prema and Shanthi.

Each syllable spoken by that mouth is not of that body. They are the words of that Indweller, the Prematma in that body. There is no difference between that Prematma and the Prema Moorthy.

Every letter that is sent forth from this form will illumine the world with the fullest of the full of Supreme Light. These Prema writings will spread immeasurable Love, Peace and Prosperity in the world. I Myself have sprung forth as Sai Saraswathi here, to expound the deeper secrets of Vedantic texts of the cosmos and the sutras sung by Brahma, Eshwara and Narada. Everything that comes from that mouth is only Me.

Prema Vahini

E-Newsletter from Mukthi Nilayam

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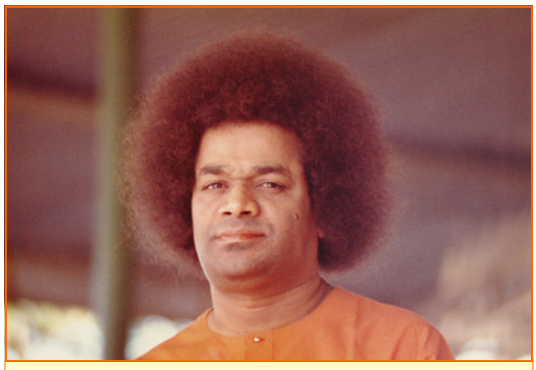
He belongs to me ...



I will tell you one secret

Only to you, only to you .. Do not tell anyone,

He belongs to me only, only belongs to me

This sweet form, has bound my life force

Do not tell anyone,

He belongs to me only, only belongs to me.

My duty and His responsibility (Cont...)

(Continued from the cover page)

The compassionate Lord, pleased with her penance descended as an Avatar.

God has descended as Avatar, Bhagavan Sri Sathya Sai Baba. Now the entire world is gathering at His feet. He is giving padanamaskar to all. Millions have touched His feet and millions more yearn to touch them.

How many Avatars have descended in the ages gone by? Has any Avatar given padanamaskar in the way Swami has? Did Rama or Krishna walk through lines of people allowing them to touch their feet? Wherever this Avatar goes crowds gather to touch His feet. It is only now that Swami has said the reason for this is Lakshmi's penance and her boon.

Due to her compassion for the people of the world, Lakshmi has brought the Lord to earth. The feet, which belong to her and are in her hands, have been brought to earth for all to touch. Many years ago, I wrote a poem.

My only duty is to think of Your feet
Your responsibly is to bear all my burdens
Oh Sathya Sai, who is praised by the Vedas,
Come and remove all these karmas.

What are my burdens?
I am carrying the burdens of the world,
Carrying their karmas
Oh Bhagavan Sathya Sai
Come and remove all these
My only duty is to think of Your feet

I have cried for His feet for the last 70 years. This is my duty. I will not slip from my duty, even for a fraction of a second.

Removing the karma burden of the world is His responsibility.