

Prema Vahini

Nectar 2, Drop 9
23rd Sep, 2011

E-Newsletter from Mukthi Nilayam

The Divine Star

Showing love and sympathy for all is one type of mentality. Those who have this state of mind, have precise thoughts and strength in action. A star form is generated by one who sits in meditation and whose mind is filled with the aspiration to draw humanity upward to the higher ideal, which is shown so clearly before his eyes.

It is yearning that shows the Star, which is a thought form. Due to the intensity of the force that arises from him, the thought form which he produces seems to rush out from him, curving round upon itself and returning to its base. Only those who are in a very high state can create such a thought form from their mind.

The thought waves are a lovely luminous violet and a glorious golden light, which shines from within the form. This star form will appear only in the meditation of the one who has realized his true divine state. It is the divine state attained only after emptying oneself and being filled with truth. This is the state of no attributes.

If one has attained such a high state where the star appears, it means that divinity has fully revealed itself in him.

The Brahman reveals according to each one's nature and actions. Everyone can realize divinity through their own experience. Everyone performs actions. However, when one is able to make God tell the reason for his action, it is an explanation of wisdom. This happens in three stages:

1. Reading books
2. Practicing knowledge
3. Explanation from God is granted



In my life, I read about Andal, then practiced and finally absorbed the truth from God's mouth.

God responds to the individual's Supreme belief in Him in the form of the five-pointed Star. God pours His light of truth, His powers and divinity on the individual. How is the one who sees the Star? Only the one who reaches the Supreme state can attain this. The outpouring of grace only comes to the one who attains the Supreme state. For others, grace is limited, paralyzed. Due to this limit, Truth is not revealed and cannot be absorbed. As the power to absorb is not there, it is known as paralysis.

It is in the subtle body only that God's Totality is enjoyed. This does not happen in the Causal body, it cannot be enjoyed. However, if one goes to the Super causal body, the experience is wonderful, beyond all experi-

ence. Here one goes to the Ateetha state, which is beyond all experience. This is the state of transcendence. When the Super causal body is attained, one is able to bring down divine grace, courage and power. Not only is he able to bring them down, but he also possesses the strength to spread this wonderful, tremendous power. How is this attained?

It is possible only when a special channel, is opened by the one who has raised himself through self-effort and sadhana. At that time, through sadhana, he realizes the divine power. Swami has told this point twice. If one is selfish, though he possesses the strength to open the special channel, he cannot use it. It lies wasted within him.

(Continued in Page 3 ...)



Om Sri Sai Vasantha Saiesaiya Namaha

Feelings behind 'giving' ...

Whatever we give to others is for our own satisfaction'. We think, 'I gave, I am protecting him'. This is verily an insult to God's Creation. What a great moral this is! When I was writing this, I suddenly remembered a story that Swami told.

There is a house where a man looks for a guest or someone poor to feed. One day a 90-year-old man comes and tells he is very hungry. The man calls him to sit and serves him many different food items. The hungry old man is very anxious and eats the food hurriedly. The householder immediately gets angry and asks, "What are you doing? Can you not even say God's

name before you eat? Go! Get out! I will not give you any food!" Speaking thus, he pushes the old man out of his house.

Suddenly, he hears a voice saying, 'For 90 years I have been protecting and feeding this old man, even though he did not tell My name even once. One time you give him food and have driven him away'.

God is the Creator and Protector of all Creation. Thus we should not say, 'I did this for this man or that man. It will insult God'.



Divine Conversation

2 January 2011 Meditation

Vasantha: Swami, You said before, atom to atom is the Ardhanareswara state. Please tell more about this?

Swami: Ardhanareswara are two halves of One body. These separate into man and woman, male and female. This is Shiva and Shakthi. We both enter in all. The atom divides in two, then four...it is in this way it multiplies. Thus, all becomes like this. This is One becoming many...this is *Ekoham Bahushyam*. This means Shiva Shakthi Creation. We enter each and every atom in this Creation. You are Prakrithi. The whole of Creation is born from you.

Vasantha: Now I understand, I will write.

Swami: You attain the Primal flame,
The tender shoot and pearl.
You remove attachment

Performing three actions of
Creation, Destruction and Sustenance.

This changes Time's account, changes Kali.



Divine Echoes ...

Swami and I go to Prema Sai's house in a vision. There Swami tells ...

I cannot bear your separation,
I see your car turning
And return to My room
You said for a Prema plant
Separation is the manure
Tears the water
You give Love a new formula
Body nearness is not kaama
You show each atom's nearness
This is the nature of creation you show
Prema flowing on God, pouring on God!
This is the experience of atom to atom nearness
This is the New Veda!
You are Veda Nayaki who creates this New Veda
Dispassion is bones
Thoughts of God only are calcium
Sacrifice is vitamins
Pouring of Prema on Him is protein
Tears are blood circulation
The deep sigh of your yearning, your life force
Your food is 'without eating'
Without eating is your body's food
Without food, is *kayakalpa* form
You make your body young
You are showing ever-new investigations'
You are a great scientist

I gave you 108 Sanskrit names
Then 108 Tamil names
No, no, it is not enough, not enough!
I want to give you 1000 names
All are telling the names of God
You are the first to make God tell your names!
What is this Prema?
You are the first to make God cry in unbearable separation
Only when I spent three days near you
Do I understand Prema's fierceness!

End of meditation

Om Sri Sai Vasantha Saiesaiya Namaha

The Divine Star ... (Cont.)

For the one who has absolute unselfishness not benefiting himself from these powers, the powers rise. It goes up, piercing through the higher plane above and takes an additional dimension for its expansion: a new dimension for its revelation.

It is this dimension alone that is suitable for the revelation of His Absolute power. The energy spreads and expands by itself. When he makes this path, God is waiting to reveal His truth and pours immeasurable powers on him.

Once Swami said,

“When Avatarhood came you pushed it away not wanting it, thinking it is selfish. That courage led to Supreme courage and Supreme dispassion; the fruit of these powers and the glory is given to those around them. You are giving yours to the whole world.”

This is the fruit of his prayer. It does not come under the unchangeable divine law. It is exempt by law. This is Special Interposition of Providence.

One who attains this state knows all through the star, yet I did not know I attained this state. It is Swami who told us to build the Stupi and who indicated the star.

This five-pointed star is the symbol for God's total manifestation in man. I know the glory of Swami through glorious wisdom and immeasurable devotion. This is not half-baked feeling. This is the transcendental revelation of the inner feeling, which is rooted in the expanding depths of inner feeling. This is the revelation of knowing the divine 'tap root', the Primal Source. It is born in the union of wisdom and devotion. The man who feels such devotion as this is one who knows fully, clearly, doubtlessly, in whom he has believed. He alone will realize this type of devotion. He is the one who has taught himself how to realize the truth. The upward pointing of the star emerges and rushes with force, dispassion and conviction. It emerges in an upward direction; it is the symbol of great courage, dispassion and deep conviction. It shows the clarity of intellect, unequalled purity and utter unselfishness.



The secret of liberation does not lie in the mystic formula that is whispered in the ear and rotated mala or rosary. It lies in the stepping into action and walking forward into practice, the pious pilgrim route and the triumphant reaching of the goal.

Swami then wrote underneath that if you want to attain this then practice

the following nine qualities:

- | | |
|--------------------|----------------|
| 1. Awareness | 6. Sacrifice |
| 2. Faith | 7. Egolessness |
| 3. Devotion | 8. Wisdom |
| 4. One-pointedness | 9. Dispassion |
| 5. Humility | |

Again Swami said,

“The secret of liberation does not lie in the mystic formula that is whispered in the ear and rotated mala or rosary. It lies in stepping into action and walking forward into practice”

“As you were always crying that you wanted to live with God in the physical body, I created Silver Island for you. This is subtle body. When you attained the Causal body, Silver Island became Vaikunta. Then in the Super causal body Vaikunta became Mukthi Nilayam. This has all only come through feelings. Trishanku went to Swarga with the physical body but was pushed down. Viswamitra created a separate Swarga for him. As you have the thirst to attain God with the body, it is fulfilled. You are able to bring Vaikunta down. Viswamitra created Swarga for an individual, you bring Swarga down. You change all to the Causal body, so they can enjoy heaven while in the body.”

I lived in the subtle body for six years and then attained the Causal body. Ordinarily one must spend many thousands of years in the Subtle and Causal worlds. Yet I attained all in six years. Swami has said that I have the power to bring the Avatar down.

Those who exhibit siddhis are only wasting their powers. If you put money in the bank and do not spend it, not wanting anything, it remains safe and accrues interest. Those who perform siddhis are spending and spending.



What is the goal of an individual's life? How to live? How to die? How to live as to not be born again? These are all the things I am showing through my life. I have also revealed through my life that **'feelings are the basis of life'**.

Om Sri Sai Vasantha Saiesaiya Namaha

Who Am I?

- ❖ I did penance to attain my father.
- ❖ Young as I was, I renounced all.
- ❖ My friends are all very bright fellows.



This is Dhruva. He was the five year old boy who renounced all and went to the forest to do penance. He did this as he wanted to sit on his father's lap. This penance lasted five months.

For the first month he ate fruit. Next, he ate the fruit that had fallen on the ground and then leaves and tubers. The next month he only took water. Finally, he lived only on air. Seeing his fierce penance, all devas began to shiver. They tried to disturb him in many ways, but did not succeed. Finally, they went to Lord Narayana and asked Him to show His grace to the boy.

The Lord went to the boy and gave him darshan. Dhruva told the Lord that he did not want anything but God. The Lord told him to first do his duty and become king and rule, after that he could come to Him. He would then make him into a star.

This is the northern star that never changes. It shows the boy's unshakable faith and strong penance. The other stars change their place, but not this one. It is the Pole



Star. In previous times, the ship's captain would see the Dhruva star, then he would know his direction and set his course. It always shows the northern direction.

Dhruva chanted the 12 letter mantra continuously and merged in that name. The saints tried to disturb his penance but could not.

My only mantra is 'I want Swami, I want Swami'. This is the unquenchable thirst, 'I want to marry God'. This thirst strikes the entire Creation and shakes it. Unable to bear the power of this penance, the world's orbital system changes from up to down. The God in all now belongs to me. The penance that all others do is different. This penance of wanting to marry God is different. For this the God in each and everyone belongs to me.

In the Vasanthamayam Universe, Sathya Sai, the Indweller in all, awakens. This is the Sathya Yuga. In all living beings, Sathya becomes the male and Prema becomes the female and they unite.



Echoes of Devotion - Inseparable Divine Mother & Father

Radha Krishna

Vasantha Sai

Two names

To show the Principle of the One

Fused in love

Joined in wisdom

United in Breath

Inextricable and Eternal

Try if you may

To separate their Trueness

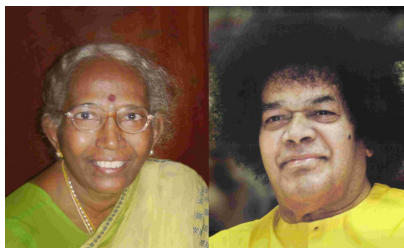
You will only make more newness

They are just names

You cannot untie the Principle

If you succeed one way

They find another



- Sri Vasantha Sai -

- Bhagavan Sri Sathya Sai Baba -

Your unending search

Only ends in surrender

When your effort ceases

Surrender begins

Their tears hide their laughter

At man's attempt --

to say one without the other

You think you succeed,

But your vain effort

Only makes them stronger

Give up now, while they are here!

Soon they will once again

Retreat into hiding, not to be revealed

Until another day.

- Viratpurushadas

Om Sri Sai Vasantha Saiesaiya Namaha

Divine Feelings of Union

Swami wrote about the feelings at the time He was to come to Mukthi Nilayam in May 2003.

... Tears of belief and disbelief are trickling down moist faces. I hear the sound of mothers, children and men calling out in gentle and not so gentle voices "Swami! Swami!" Sri Vasantha Sai barely manages to contain her emotions, beholding her most beloved Bhagavan. A jasmine garland is weighing down her shaking hands. Their eyes meet, two souls uniting and reuniting Age after Age.

The bhajan, 'Radhika jeevana' is sung....

The atmosphere is heavy with divine love, the silence almost unbearable. As the unforgettable minutes pass into eternity, the Lord glides towards His Radha Rani and whispers some words. Vasantha Sai raises the garland. Oh, what is this! Baba takes the garland from her hand and puts it on Vasantha Sai! Vasantha Sai, the epitome of humility falls at Baba's feet with a heart-wrenching cry, "Swami!"



Dust at Your Lotus Feet

A lifelong crusade captured in a single moment of attainment. Swami ever so gently lifts her up and takes her hand in His. Is this what she has been dreaming of, day and night, moment to moment? Yes, her face is glowing like a thousand suns. Is she laughing or crying?

You are Brahman



20 July 2008 Morning meditation

Swami said,

"Who are you? You are Brahman. What is the need to call you? From where to where do I call? You are the omnipresent Truth. I will call, where you are not. Where is it that you are not? If you contemplate, you will understand. You kept a holy vigil for one month in Mukthi Nilayam. Now you keep the same here for 7 days. Your holiness will spread everywhere. Let your vibrations spread. Let your holiness spread. You be calm and courageous. Nothing can separate us. I am always with you."

End of meditation

Yearning for Swami's Nearness

I am yearning for His physical nearness. This is not kaama, lust. As I have not attained this nearness, it becomes the strong will to unite with Him in every atom. I want to experience God's nearness in every atom of the Creation.

This dispassion is each bone of my body.

This is not only in my body,

But the bones of all in the Creation.

Thoughts of God alone are the calcium of the cosmic body.

My sacrifice of everything, wanting nothing becomes 'Cosmic vitamins'.

The outpouring of Prema for Swami is the protein.

Not only for myself, but for the entire Creation.

Prema alone is the protein.

My tears are the blood circulation of all.

The sighing of my deep yearning becomes the breath of all living beings.

It is for this reason alone I desire Swami's nearness.

Why am I asking? This is not lust, but the New Veda.

Who is Vasantha Sai?

Swami gave this through Divine Post, to console Amma:

- V** - Victorious
- A** - Always
- S** - Sacrificing
- A** - Always
- N** - Never
- T** - Tired
- H** - Hopeful
- A** - Always



Prema Vakhini

E-Newsletter from Mukthi Nilayam

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Who will garland me?

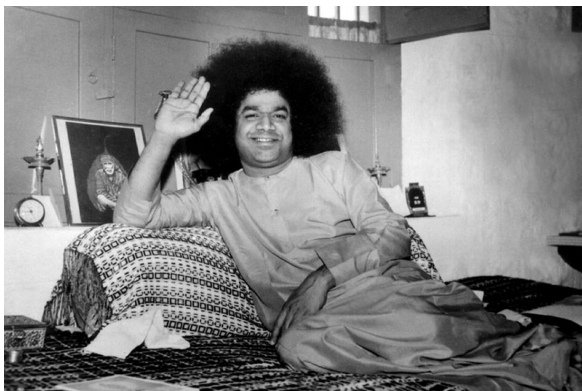


*Each morning and evening
God's chariot procession
Millions of eyes are required to see this
Desert hearts become blissful
Yet, this poor one has nothing.
Who'll garland me? Why He forget?*

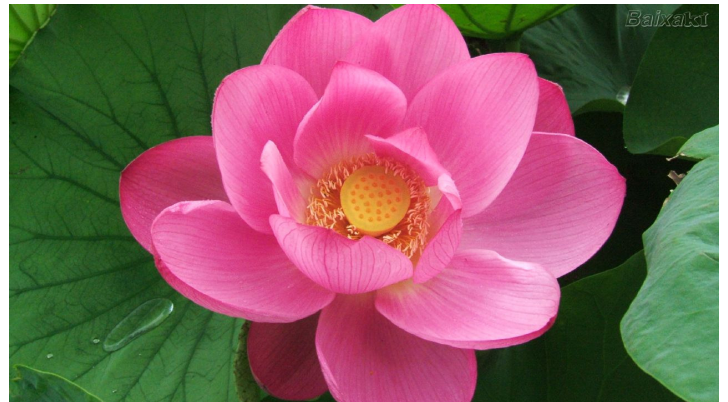
Come, Protect me!

As I write, I cannot bear the feelings that are pouring forth from me...I am going here and there carrying Swami in my each and every atom...these feelings took form in the following poem:

When will this thirst for God be quenched?
When will the force of His love fill up my entire being?
When will my suffering come to an end?
When will this child join her mother?
Enough! Enough of this sad lament of suffering!
Come and protect me!
Come soon! Come and protect me!



My Love is only for YOU ...



Swami, my love is only for You. It is selfish. It is only for God. My Prema is fully for God. It is selfish. Even if it is selfish, I will create a lineage. This Prema will expand and expand spreading throughout.

Who am I? Do I have a form? Do I have a name? I have no 'I', I have no 'my', but I will create a lineage like myself. All will cry for Swami like me. All will only live for Swami like me. All will have no I and mine like me. All must have overflowing Prema. I will spread throughout the world.

I will create a new yuga. This Prema expands as the new creation.

Om Sri Sai Vasantha Saiesaiya Namaha